



## **Expressive** IS A HIGHLY VERSATILE AND ENGAGING **ACTIVITY**

Completely Digital 100% Instructor-led 2 to unlimited participants Play for multiple rounds Flexible timing

**Expressive** provides participants with 50 unique artistic images which help them make instant associations with their experiences, emotions, aspirations, realities and much more.

## KEY LEARNING

- Ice breakers and introduction moments **Ø**
- Brainstorming and idea sharing
- Reflecting on learning points
- **2** Drawing conclusions at the end of sessions
- Support for coaching sessions
- Visual aids to unblock mind and trigger thoughts and emotions during coaching sessions
- Breakdown and simplify complex thoughts and ideas
- Drive engagement
- Have fun!



- EXPRESS YOUR **THOUGHTS**
- TABLET FRIENDLY







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